

## *Health & Wellness Major - Bachelor of Science*

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HLT 200	(3)
HLT 230	(3)
HLT 320	(3)
HLT 360	(3)
HLT 430	(3)
HLT 440	(3)
HLT 440S	(1)
HLT 450	(3)
HLT 451	(3)
PSY 220	(3)

**Scientific Foundations Courses (14 hours):**

MTH 174	(3)
PSY 103	(3)
PSY 204	(4)

**Choose one of the following courses w/lab:**

BIO 131/131A (LAB)	(4)
BIO 197 /197A (LAB)	(4)

The Health & Wellness major consists of 63 credit hours (28 Health & Wellness core hours, 14 scientific foundation hours and 21 elective hours) with a required minor in an area offered by the Institution. It is expected that a portion of the credits included in the 21 elective hours would count towards the student's selected minor. Students are expected to maintain a "C" or better in Health & Wellness Core and Scientific Foundations courses. Additionally, students are expected to maintain a grade point average of 2.0 in the courses which are part of their major. Total hours: 63

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*Students must take a minimum of 3 credit hours within each Wellness Dimension, distributed across at least 4 departments/disciplines*

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