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	None	1
HES 150: Foundations of Health and Exercise Science	None	3
HES 121: First Aid & Basic Life Support for Healthcare Providers	None	1
HES 224 Psychology of Human Performance PSY 220: Health Psychology	PSY 103 or PSY 103H	3
HES 226 Human Nutrition	ENG 101 & MTH 099 or above	3
HES 332 Epidemiology of Physical Activity and Health	ENG 101 & MTH 174	3
HES 327: Physiological Adaptations and Management of Stress	BIO 131 or BIO 198	3
HES 430: Research Design	HES 332 or ESC303/303A, MTH 174, Senior Status	3
HES394: Cooperative Education (0 credits) OR HES396: Cooperative Education (13 credits) Counts as EXP credits in Core Curriculum	Junior Status & CED 220 Co-requisite HES 394 or HES 396	0-3
HES 452: Senior Seminar		

	BIO 197 with a grade of "C" or better	4
CHE 111: General Chemistry CHE 111A: General Chemistry I Lab	MTH 099 (Corequisite) or MTH Placement 4 or Higher	4